

Girl's Outfit



## 1. Shift

Girls wore this as underwear, and as a nightgown.

It was always white fabric, either linen or cotton.



## 2. Pockets

Girls could wear one or two pockets under the gown. They reached the pockets through a slit in the gown.



### 3. Gown

Girls wore a dress called a gown over the shift.

The gown could be a bright color, or have a pattern, or it could be plain white.



#### **4. Apron**

Girls wore an apron when they were working in the fields, the garden, or the house. It helped keep the gown clean.

Aprons could be plain white, or have stripes or checks.

# Boy's Outfit



## 1. Shirt

Boys wore a shirt as underwear, and as pajamas.

It was usually white, or the natural color of cotton or linen.



## 2. Breeches

Boys next wore trousers (which went to the ankle) or breeches (which went to the knee).

They buttoned in the front.



### 3. Waistcoat

Boys had to wear a waistcoat (and sometimes a coat, too, with sleeves) over the shirt or they were not fully dressed.