NSDAR Educational Resources Committee



"Rules - Do we really need them?"

Contributor: Cindy Dearing Grade Level: Kindergarten

1. Identify the standards to be addressed:

Tennessee Standards: K.11 - Give examples of the following concepts: authority, fairness, responsibility, and rules.

K.16 - Explain the purpose of rules and laws.

2. Statement of the objective and lesson outcomes:

Students will demonstrate an understanding and the importance of following the rules. Exhibiting respect for authority figures and taking responsibility for personal actions is the intended outcome.

3. Materials, resources, and technology to be used by teacher/students:

The teacher will need a copy of the book, "What if Everybody Did That?" by Ellen Javernick and Illustrated by Colleen M. Madden, 1 poster board or sheet of bulletin board paper, markers or Sharpies.

Students will need markers, crayons, drawing paper, and construction paper.

4. Introduction of the topic:

Gather children in a circle for the morning meeting.

Read the front flap of the book, "What if Everybody Did That?"

"If you drop just one soda can out the window, it's no big deal . . . right?

But what if everybody did that?

What if everybody broke the rules. . . and spoke during story time, didn't wash up, or splashed too much at the pool? Then the world would be a mess.

But what if everybody obeyed the rules so that the world would become a better place?

This book shows how each peron's small, everyday choices - good or bad- have consequences one way or the other.

5. Procedure for instruction:

Ask for two or three volunteers to give examples of when they made a choice and there may have been some unhappy consequences. Write these down on poster board or bulletin board paper. Ask volunteers for decisions they made that resulted in happy consequences. Write these down as well.

Read the story, "What If Everybody Did That?"

Be sure to discuss briefly the persons in authority - librarian, policeman, bus driver, etc.

Point out illustrations showing consequences of child's actions when rules or laws were not followed.

Lesson Closure

Ask students to draw a picture of someone showing good citizenship. Ask the students to tell you about their picture and write down their words at the bottom of the artwork. Or students could also write/draw a thank you card for someone who is an authority figure - zookeeper, teacher, police officer, etc.

6. Assessment of Understanding:

Students will demonstrate the understanding of following the rules and respecting authority figures by showing appropriate behavior in the classroom, lunchroom, and playground. You might also play a game of charades with your class during morning meeting. Students could act out different scenarios such as raking leaves for an elderly neighbor, picking up litter, recycling, or planting a tree.