



A



A **Plant: Flax**

Flax fibers look like hair, but are actually from a plant!

The plant grows like grass, with a long, straight stem. If you dry out this stem, you can separate the fibers that make up the outer part of it. This is a long process with many steps.

Linen is the cloth that comes from the flax plant.



B



B **Animal: Sheep**

Sheep produce a type of hair called **wool**, which can be made into clothing.

The sheep is not hurt when wool is cut off — it is like a haircut.

Most sheep are sheared once a year, in the spring.



C



C **Animal: Silkworm**

Silk comes from the cocoon of the silkworm.

It eats mulberry leaves as a larva, or caterpillar, and then spins a cocoon where it turns into a moth.

You can collect the cocoon before the caterpillar turns into a moth, and use the cocoon to make silk.



D



D **Plant: Cotton**

Cotton fibers grow on a plant.

The flower of this plant turns into ball about the size of a golf ball that eventually dries out and bursts open, showing the white cotton fibers with the seeds inside.