

Connection Coach Materials

Experts agree that the most connected people are often the most successful. When you invest in your relationships — professional and personal — it can pay you back in dividends throughout the course of your career. Networking is essential since it will help you develop and improve your skill set, stay on top of the latest trends in your industry, keep a pulse on the job market, meet prospective mentors, partners, and clients, and gain access to the necessary resources that will foster your career development.

Mentoring Meeting Suggestions

Questions to Ask a Mentor

- What's the best advice you can give to help plan a career rather than simply work to keep a job?
- How do you encourage innovative ideas?
- How would you describe your personal style?
- Do you have a mentor? How have they influenced you?
- What do you do to constantly challenge your underlying beliefs and assumptions?
- Would you do anything differently if given the opportunity?
- How and where do you find inspiration?
- How do you keep your feelings separate from your decision-making?
- What values are you committed to?
- How do you balance your work and home life?
- Do you have any books that you would suggest I read?



Tips for a Successful Mentoring Session

- Prepare and ask relevant questions.
- Be respectful of your mentor's time and experience.
- Ask if you can follow up and exchange contact information.
- Afterwards, ask yourself what you learned from the meeting and how you can apply your new knowledge.
- Thank your mentor for their advice with an email or personalized note.

Questions to Ask a Mentee

Career Path Topics

- Are you happy in your current role ?
- How does it relate to your long-term career goals?
- Where do you see yourself in 5 years?
- Do you feel you are already in your ideal job? If not, what is your ideal job?

Leadership Topics

- Are you interested in advancing to a leadership role?
- What methods are you using to effectively communicate to your peers?
- What methods do you use to communicate to your leaders?
- Do you have any issues or reservations with your current responsibilities?

Topics On Long-term And Short-Term Goals

- What do you want to achieve in the next six months?
- What do you want to achieve in one year?
- What higher positions in the company do you aspire for?
- How do you measure your success?

Company-related Topics

- What do you think about your current company culture? Does it resonate with you?
- Do you see your role contributing significantly to the company you are with?
- What can you do in your role to improve the company?