



SARAH VAN NIEWAAL STEINKE

State Regent of Iowa

**Candidate for the
Office of Vice President General**

Join Date: April 5, 2000

Chapter: Ashley Chapter

Endorsed by: Iowa State Society DAR
126th Iowa State Conference

National Service:

National Board of Management (2024-2026)

National Committees:

National Chair DAR Project Patriot (2025-2028)

Lesson Plan Reviewer 9-12 Community Classroom (2025-2028)

National Vice Chair Children of the American Revolution (2022-2025)

North Central Division Vice Chair Junior Membership (2016-2019)

National Vice Chair DAR Scholarship – Findley Graduate Chemistry Scholarship (2007-2010),
(2010-2013)

National Vice Chair Pages (2016-2019), (2019-2022)

Continental Congress Page (2005-2010), (2012-2022)

Volunteer Projects: Descendant's Project, Patriot Records Project, Historian General Marker
Project

Memberships:

National Officer's Club

State Regent's Club

State Vice Regent's Club (Treasurer 2023-2024)

National Chairman's Association

National Vice Chairman's Association

Awards and Honors:

2018 National Runner-Up, Outstanding Junior Contest

NSDAR Giving: Heritage Club, Sustaining Supporter

Class/Training Activities: New Members, New Horizons, Committee Leaders, GEP1-4

Pending Life Member

NSDAR Legacy Approved

State Service:

State Regent (2024-2026)

State Regent's Project: Three-tier educational support: National Friends of Education Fund, ISDAR Scholarship Fund, and adopted local classrooms across the state and provided teacher care packages. State Accomplishments: Adopted USS Iowa, provided comfort and care packages; established executive liaisons for all state committee chairmen; established Outstanding Chapter Regent Award; established a page/aide support fund; planned placement of two Patriot Markers

State First Vice Regent (2022-2024)
State Treasurer (2014-2016), (2016-2018)
Northeast District Director (2010-2012)

State Committee Chairs:

American Indians
Chapter Achievement Awards
DAR Good Citizens
Junior Membership
President General's Project
Public Relations and Media

Personal Page

State Officer's Club

Awards and Honors:

2018 Iowa State Outstanding Junior

Chapter Service:

Chapter Regent (2004-2006)

Chapter Librarian (2002-2004)

Chapter Committee Chairs:

American Indian
Children of the American Revolution
Community Service Awards
Junior Membership
President General's Project
Public Relations and Media

Associate Memberships: Isle a la Cache-IL, Founders Crossing-IL, Eagle Creek-IN, Palatinate-Germany, Hercules Mulligan-Ireland

Non-DAR Information:

Professional and Education:

Chemistry Teacher, Lockport Township High School
National Honor Society Sponsor, Lockport Township High School
Frankfort Gladiator Wrestling Club Assistant Coach (Since 2014)
M.A. Education Administration, Olivet Nazarene University
M.A. Education, University of Michigan
B.A. Chemistry & Mathematics, Knox College, Cum Laude

Other Lineage Groups: Children of the American Revolution Senior Leadership: Senior Vice President Great Lakes Region; Senior Honorary Vice President; Senior Organizing Secretary; Senior Vice President Great Plains Region; Senior Chairman Kids Helping Kids; Senior State Officer, Senior Society Officer, N.S.C.A.R. Life Promoter

Community Service: Schools Counts Corp. Board of Directors (Since 2018), Parkview Christian Church Volunteer (Since 2013)

Awards and Honors:

2024 Illinois High School Science Teacher of the Year Finalist
Nautilus Education Ambassador 2016
Camp Fire USA – WoHeLo Award 2000

Family/Personal: Married to Bruce Steinke; daughter, McKenzie, is a C.A.R. Life Member